

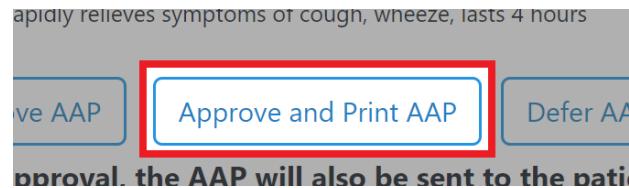
## Asthma Action Plan (AAP)

An AAP is a personalized plan for patients with asthma that provides education and guidelines for self-management of worsening symptoms (how to modify medications and when to access the medical system):

Asthma Action Plan															
Emergency contact:			Phone:												
Physician: Brown Jane			Phone:												
The goal of asthma treatment is to live a healthy, active life.															
Remember that it is very important to remain on your maintenance medication, even if you are having no symptoms of asthma.															
Go Mainain Therapy		Caution: Step Up Therapy		Stop: Get Help Now											
Description: You have all of the following: - No need extra medication - Almost no cough, wheezing, shortness of breath or chest tightening - Can do normal physical activities or sports without difficulty - No missed regular activities or school or work - Have cough, wheezing, shortness of breath or chest tightening less than 1 night per week		Description: You have any of the following: - Cough, wheezing, shortness of breath or chest tightening more than 3 times per week - Have day-time cough, wheezing, shortness of breath or chest tightening more than 3 days per week - Normal physical activities are limited - Have cough, wheezing, shortness of breath or chest tightening at night or in early AM 1 or more nights per week		Description: You have any of the following: - Relieve lasts 2-3 hours or less - Continuous asthma symptoms - Continuous cough - Wheezing all the time - Severe shortness of breath - Sudden and severe attack of asthma											
Instructions: <table border="1"><thead><tr><th>Medication</th><th>Color</th><th>Dose</th><th>Puffs</th><th>Times Per Day</th></tr></thead><tbody><tr><td>Advair</td><td>Purple</td><td>200/50 mg</td><td>1</td><td>2</td></tr></tbody></table>		Medication	Color	Dose	Puffs	Times Per Day	Advair	Purple	200/50 mg	1	2	Instructions: Adult: orange controller (Reliever 250 mcg) 3 puffs 2 times per day for 14 days If no improvement in your symptoms and/or peak flows in 2 days or your reliever only lasts for 2-3 hours, go to red zone		Instructions: Asthma symptoms can get worse quickly. When in doubt, seek medical help. Asthma can be a life-threatening illness. Do not wait! If you cannot contact your doctor, call 911 for an ambulance, or go directly to the Emergency Department! Bring this asthma action plan with you to the emergency room or hospital stay calm	
Medication	Color	Dose	Puffs	Times Per Day											
Advair	Purple	200/50 mg	1	2											

The AAP will be available to patients through their eAMS app/web portal at any time.

Although the instructions provided in the AAP are documented in the PSS chart note, clinicians can also print/save the AAP directly from the decision support window by clicking the **“Approve and Print AAP”** button (to print/save directly from the decision support window, please adjust your browser settings to allow for pop-ups).



## Additional Tips

### Moving between decision support screens

To advance screens, click an “action button” at the bottom of the screen. You can click your browser’s back button to revisit a prior screen. Please do not use your browser’s “forward” button, as the eAMS will not save your progress if you have not used one of the action buttons.

### Saving your progress

Clicking “Save Progress and Close”:

- Records any actions performed up to that screen
- Creates a PSS chart note detailing all actions taken up to that screen

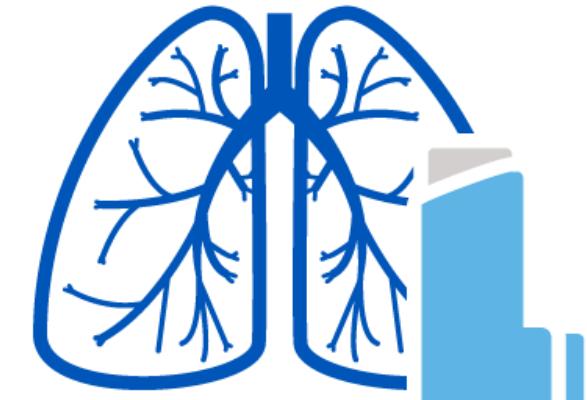
**Save Progress and Close**

Upon re-opening the decision support, you will resume where you (or any other provider who used the system) last clicked “Save Progress and Close.”

### Closing/timing out of the system

If you close the decision support window without saving or if the system times out after 60 minutes of inactivity, actions on the current page will not save. However, all actions in prior pages are auto-saved, and a PSS chart note recording these actions will be generated after 60 minutes of inactivity.

To resume the decision support, click in the eAMS toolbar to see the updated eAMS message. Click this message to open the decision support window.



# eAMS

## The Electronic Asthma Management System

### User Guide for PSS

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For more information, visit:  
[resources.easthma.ca](http://resources.easthma.ca)

## Decision Support Steps

here are a maximum of 5 screens, as follows:

1. A report of your patient's asthma control based on guideline criteria, and current patient-entered asthma medications
  2. Guideline-based recommendations for medication step-up or step-down
  3. Recommendations for escalation therapy whenever patients have a flare-up (as part of their asthma action plan)
  4. A pre-populated personalized asthma action plan using medications you approved and the patient's questionnaire entries

5. A closing reminder to book a follow-up and create any new required prescriptions

How will my decision support choices be documented?

Any actions in the decision support screens are automatically documented in a PSS chart note. After closing the decision support note, click the Refresh button in the EAMS toolbar for the note to load into the chart.

Whenever there are decision support steps emanating, PSS sends the MRP a PSS message to inform them of this (this message is sent the next time the chart is opened).

**Virtual Care Tip:** Because decisions support steps do not require the patient's

**VirtuAl Care Tip:** Because decision support steps do not require the patient's presence, many clinicians prefer to complete decision support before the visit and inform the patient of any medications changes and their action plan at the time of the virtual or in-person visit.

Once the patient has completed the questionnaire, decision support is generated automatically and remains valid for 1 month. Upon opening/refreshing the chart, the eAMIS toolbar will appear, indicating the patient's asthma control status and providing a clickable link to access the decision support.

The screenshot shows a software window titled 'EAMIS' with a blue header bar containing icons for Email, Attach, Add Form, Email consent: None, Demy, Grant, and Email. The main area has a red border and displays the text 'Asthma control is suboptimal.' followed by 'View recommended medication changes'.

**TIP:** We recommend using Google Chrome to open the decision support. Safari, Firefox, and Microsoft Edge are also suitable.

- your patient did the questionnaire, but you did not get a notification, please ensure that:
  - the patient was prescribed an asthma medication in the last year
  - "asthma" appears in the cumulative patient profile, or you have billed a visit with the diagnostic code for asthma (493) in the last 3 years (without having billed a visit for COPD (491/492/496) in that period)
- the health card number, date of birth, and clinic entered by the patient when registering for the EAMS matches their FS5 record

Which patient charts have the eAMs?

• The eAMs toolbar appears in PSS charts of all patients aged ≥ 16 years who:

- were prescribed an asthma medication in the last year; and
- have asthma listed in the cumulative patient profile or have had the diagnostic code for asthma (493) billed in the last 3 years (unless they also had the diagnostic code for COPD billed in that period)

How will my patients with asthma know to register for the eAMs?

Getting Started

How will my patients be reminded to complete the eAMS questionnaire before their appointment?



Refresh Patient eligible for asthma decision support.

Patient will receive an email reminder to complete the questionnaire within 1 week of their appointment. Patients can also complete the questionnaire on their device in the waiting room, when they arrive for their appointment. If not completed before the appointment, the provider can access and complete the questionnaire with the patient, through the AMS toolbar (see below).