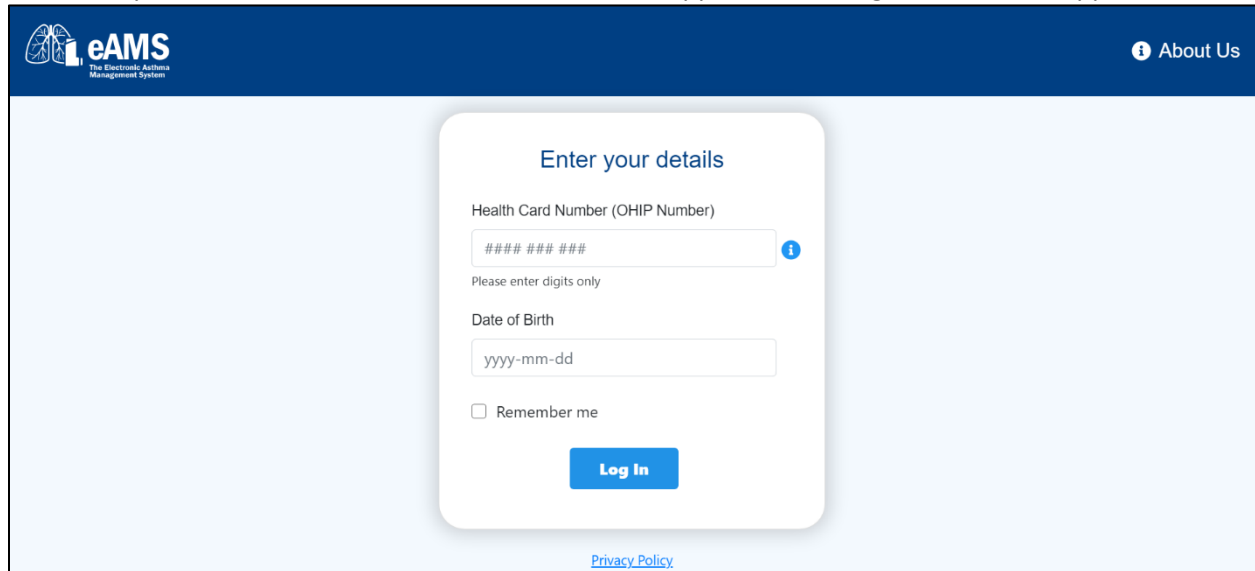


1. Enter the eAMS Patient Portal (<https://portal.easthma.ca/main/login>) if you are registering from a computer (please use Chrome, Firefox, Safari or Edge) or open the eAMS app if you are registering via your device (phone or tablet).



You can download the free eAMS app from the Google Play Store or App Store by searching “eAMS asthma” or by scanning this QR code with your device:

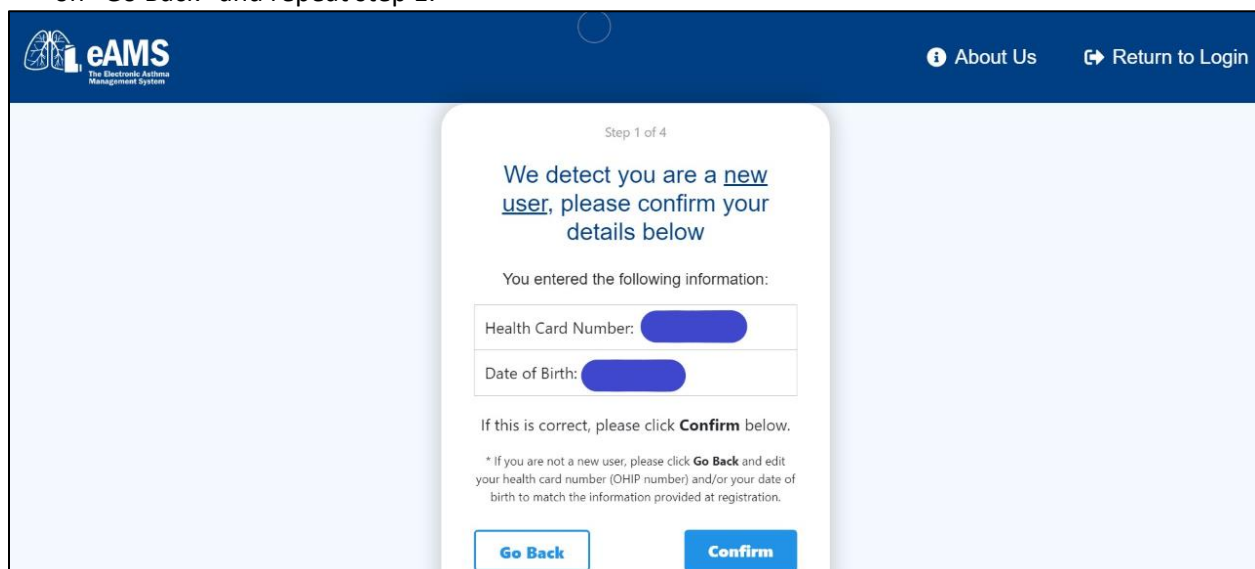
When you access the eAMS Patient Portal or eAMS app, the following screen should appear:



The screenshot shows the eAMS Patient Portal registration screen. At the top left is the eAMS logo and at the top right is an 'About Us' link. The main content area is titled 'Enter your details' and contains the following fields and options:

- Health Card Number (OHIP Number): A text input field with a placeholder '#### ## ##' and a small information icon to the right.
- Please enter digits only: A note below the Health Card Number field.
- Date of Birth: A text input field with a placeholder 'yyyy-mm-dd'.
- Remember me: A checkbox.
- Log In: A blue button.
- Privacy Policy: A link at the bottom of the form.

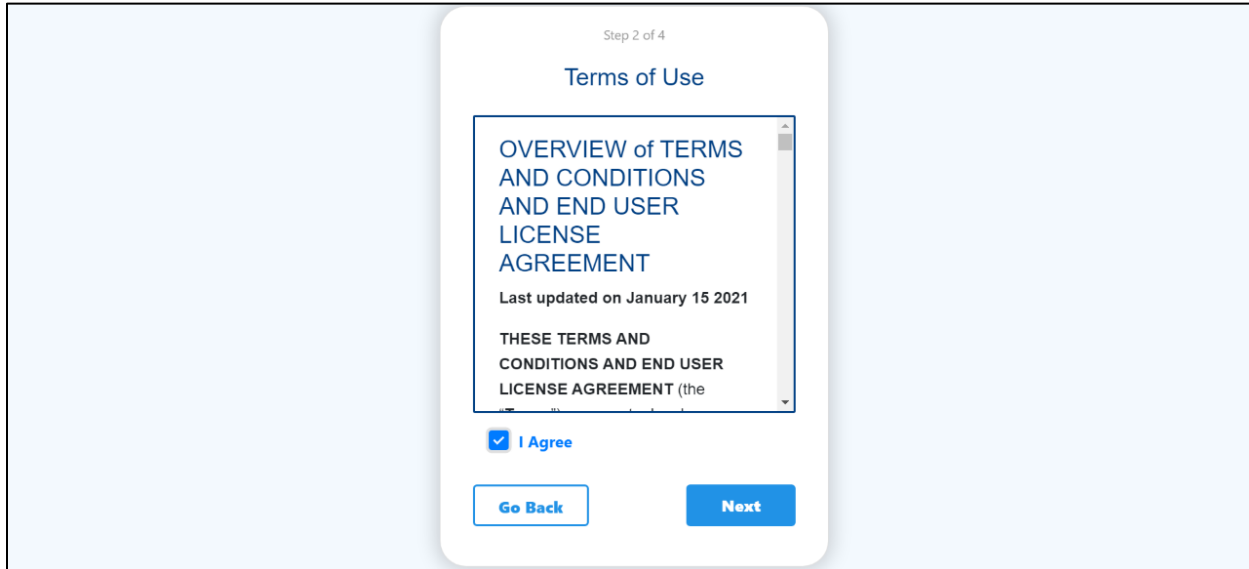
2. Enter your Health Card Number (OHIP) (only the 10 digits – no letters) and Date of Birth. If you wish to avoid having to re-enter this information every time you enter the app, also click on the tick box next to “Remember me.” Then click on “Log In”.
3. Confirm you entered the correct information, then click on “Confirm”. If you made a mistake, click on “Go Back” and repeat step 1.



The screenshot shows the eAMS Patient Portal confirmation screen. At the top left is the eAMS logo and at the top right are 'About Us' and 'Return to Login' links. The main content area is titled 'Step 1 of 4' and contains the following text and fields:

- We detect you are a new user, please confirm your details below
- You entered the following information:
- Health Card Number: A blue pill-shaped field.
- Date of Birth: A blue pill-shaped field.
- If this is correct, please click **Confirm** below.
- * If you are not a new user, please click **Go Back** and edit your health card number (OHIP number) and/or your date of birth to match the information provided at registration.
- Go Back: A blue button.
- Confirm: A blue button.

- Review the Terms of Use, and if you accept these terms click on the tick box next to “I Agree” and then the “Next” button to continue.



Step 2 of 4

Terms of Use

OVERVIEW of TERMS AND CONDITIONS AND END USER LICENSE AGREEMENT

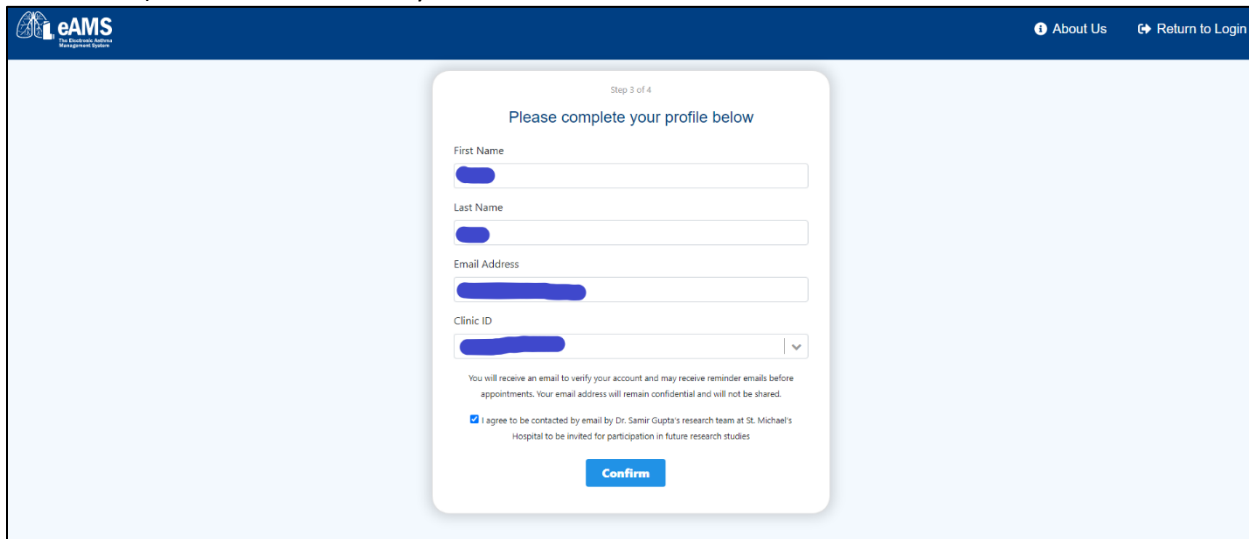
Last updated on January 15 2021

THESE TERMS AND CONDITIONS AND END USER LICENSE AGREEMENT (the

I Agree

[Go Back](#) [Next](#)

- Enter your first and last name, and your email address. Then select your clinic from the drop-down menu (in case you don't recognize your clinic's name, look for the address that matches your clinic's address). Please make sure all your entered information is accurate. Then click on “Confirm”.



Step 3 of 4

Please complete your profile below

First Name

Last Name

Email Address

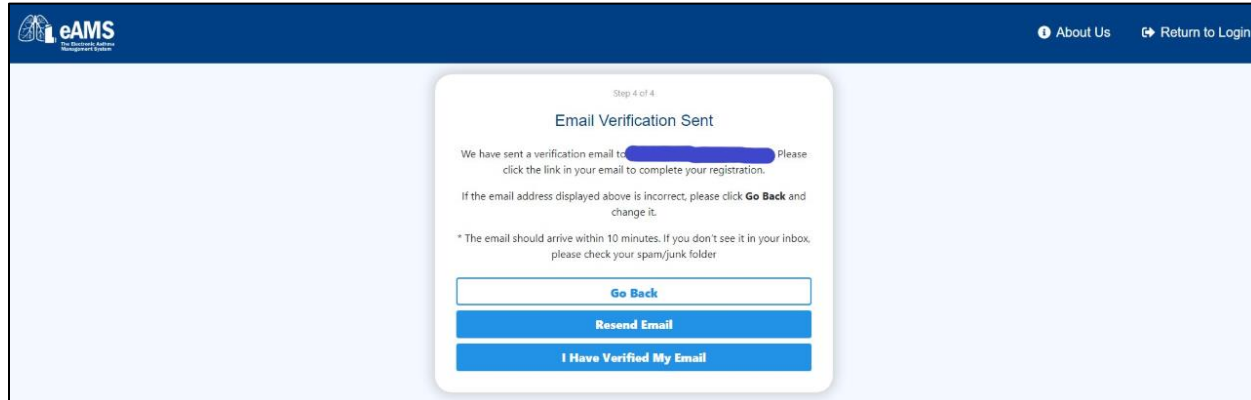
Clinic ID

You will receive an email to verify your account and may receive reminder emails before appointments. Your email address will remain confidential and will not be shared.

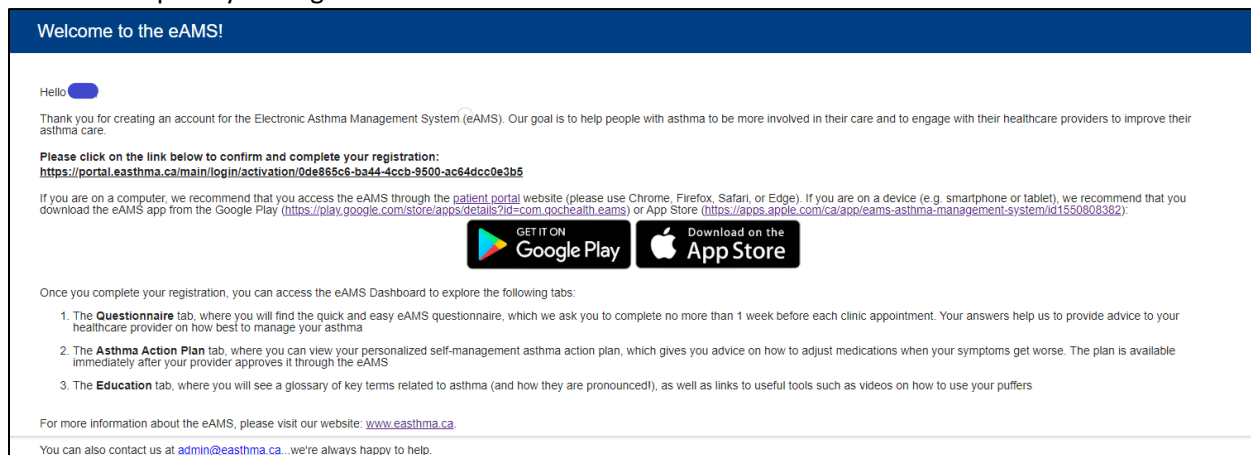
I agree to be contacted by email by Dr. Samir Gupta's research team at St. Michael's Hospital to be invited for participation in future research studies

[Confirm](#)

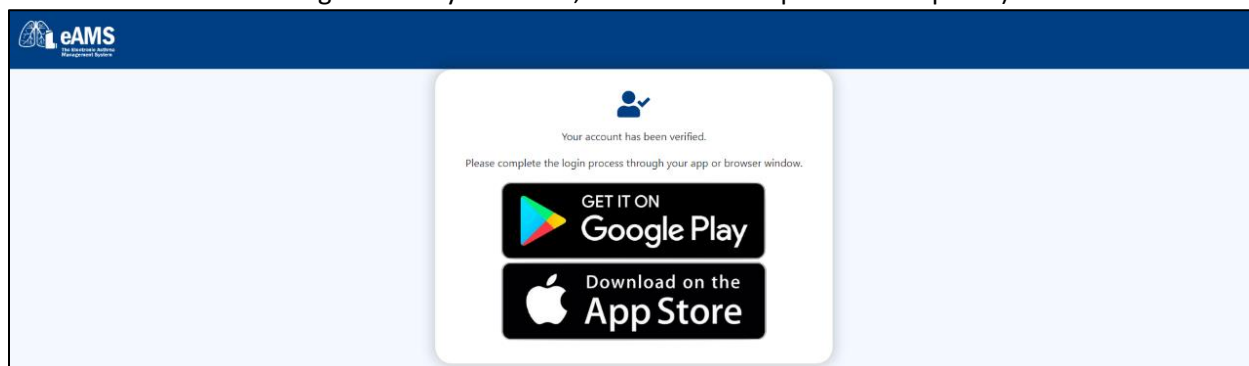
6. The following screen should appear. A verification email will have been sent to the email address you entered. Leave this screen open, and access your email inbox.



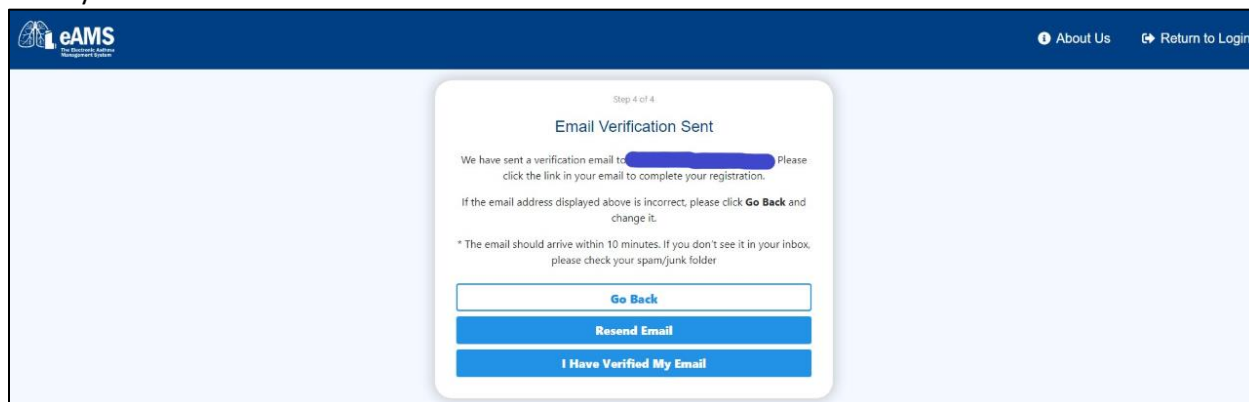
7. From your email inbox, open the email from admin@easthma.ca with the subject line: “eAMS: Please Complete Your Registration.” If you don’t see it in your inbox, please check your junk folder. The email should look similar to the screenshot below. If you don’t receive an email within 5-10 minutes, you can click on "Resend Email" from the screen in step 6 (also make sure that your email address is correct as displayed, and click on “Go Back” to correct it if it is not). Within the email, click on the link under the bolded line “Please click on the link below to confirm and complete your registration:”



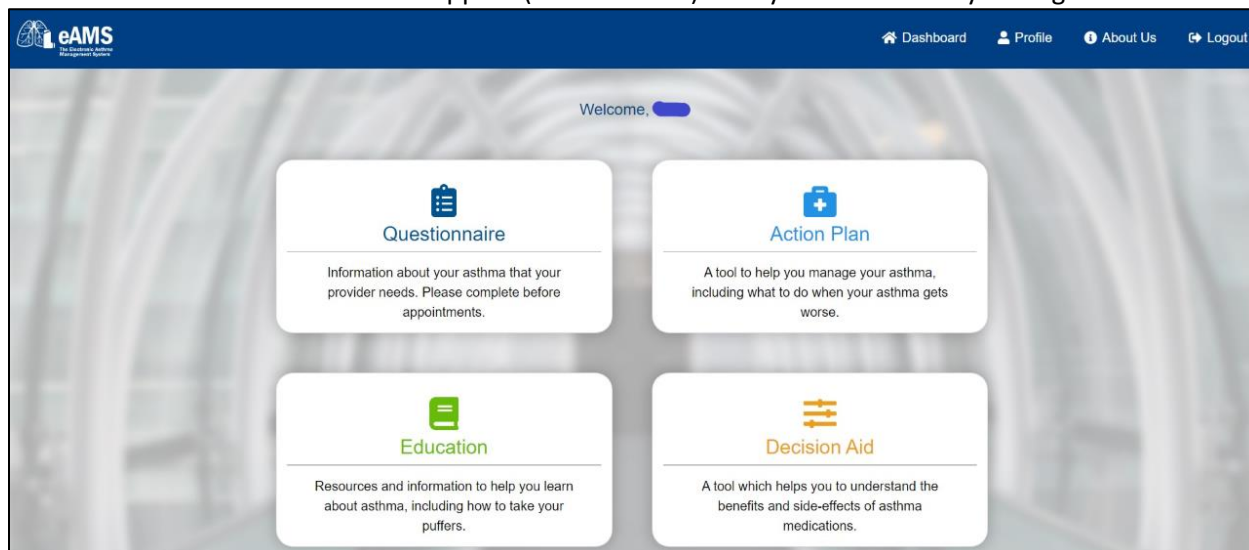
- Clicking that link in your email will bring you to a confirmation screen (shown below). If you are on a device and have not already downloaded the eAMS app, you can click on the “Google Play” or “App Store” button here to download the app (the app will require you to enter your Health Card Number and Date of Birth to login the very first time, but no other steps will be required)



- Finally, go back to your browser/app (which you had left open after step 6). Click on “I Have Verified My Email.”



- The Dashboard screen will now appear (shown below). And you are all done your registration!



If you encounter any issues along the way, please send us an email at admin@easthma.ca and let us know which step you encountered the problem on. If you encounter an error message, please send us a screenshot. **Please do not include any personal information in the email or screenshots.**